



Harness AVAO® FAST European Version

Product information

The AVAO FAST harness is specifically designed for workers at height. Its design is specific to work positioning and rope descent. Contoured foam on the semi-rigid waistbelt and leg loops provide comfort during use. The waistbelt features metal side attachment points, equipment loops, and tool holder slots, allowing the user to organize all the necessary equipment for a day of work. Adjustment is quick, easy, and convenient, with self-locking DOUBLEBACK buckles and FAST opening buckles.

Comfortable construction:

- Widely spaced shoulder straps reduce neck chafing.
- Thin, sliding straps provide more freedom and ease of movement.
- All contact zones use contoured foam and are lined with breathable material, including the shoulder straps, waistbelt and leg loops, making it more comfortable to work and move around.
- Semi-rigid waistbelt and leg loops provide optimal harness fit and support.
- Metal side attachment points can be folded down to prevent them snagging accidentally when not in use.
- Elastic leg loop bands (replaceable and available as an accessory) allow the harness to maintain the right adjustment whether the user is walking or suspended.

Convenient and quick to adjust:

- Self-locking DOUBLEBACK buckles on the shoulder straps and waistbelt, and FAST opening buckles on the leg loops make adjustments quick, easy, and convenient.
- Anti-slip devices installed on the DOUBLEBACK buckles help maintain the right adjustment throughout the workday.

Easy to carry and organize equipment:

- Metal ventral D ring is equipped with connection points to install a PODIUM or LITEPOD work seat.
- Ventral connection point features a textile loop that allows the user to install a lanyard with a RING OPEN attachment ring.
- Two side metal attachment points for connecting a positioning lanyard in double mode.
- Five pre-shaped equipment loops with protective sheath.
- Two slots for CARITool tool holders or the INTERFAST connection system.

Material: Nylon, polyester, aluminum, steel

Marking: According to standard, CE-marked

Standard: EN 361, EN 813, EN 358

Part code	Waist size cm	Size	Colour	Leg size cm	Stature cm	Weight kg
820100764080	65-80	0	multicolour	44-59	160-180	1.695
820100764081	65-80	0	Black	44-59	160-180	1.695
820100774080	70-93	1	multicolour	47-62	165-185	1.735
820100774081	70-93	1	Black	47-62	165-185	1.735
820100784080	83-120	2	multicolour	50-65	175-200	1.835
820100784081	83-120	2	Black	50-65	175-200	1.835